

TADLEY RUNNERS 21st X-COUNTRY RUN

Incorporating the Post Office Southern Area Championships

Sunday 13^h March 2011 at 11.00am

(A picturesque 5.3 mile X-Country course)

ARC Permit: ARC 10/112

Hurst Community College, Tadley, HANTS, RG26 5NL

Prizes: 1st three overall, 1st M40, M50, M60, F35, F45 and F55 and 1st Team
(Mixed teams only - 3 persons, must include at least 1 male/female)
Memento to all finishers
Special award for course record:

■ *All entrants are eligible for prizes –*

Entry Fees: **£7.00 (ARC or EA Attached)** Cheques payable to: **"TADLEY RUNNERS"**
£9.00 (Unattached)
£1 extra on day

Online entry available via: www.runnersworld.co.uk

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Please complete entry form and return with remittance and 9 x 6" SSAE to:

Race Secretary, 32 Franklin Avenue, Tadley, Hants RG26 4ET

Email: timos2009@hotmail.co.uk

NAME IN FULL: _____

ADDRESS: _____

_____ Evening Tel. No. _____

EMAIL: _____

CLUB/TEAM: _____ MALE / FEMALE AGE ON DAY: _____

POST OFFICE TEAM (if applicable): _____

I agree that the organisers shall not be liable in any way for any accidents, injuries, loss or damage as a consequence of this race.

SIGNATURE: _____ DATE: _____

Please indicate if you do NOT wish the above information to be passed to a third party: